

Discover Guidance News



Dun Laoghaire VEC
Adult Guidance Service

Issue 10, Winter 2009

Dun Laoghaire
VEC

Internet Café for Over 50s Community Education Programmes for Older People

Another successful Internet Café took place this summer in Mulgrave Street for the over 50's. It was an opportunity for adults to practise their technology skills developed in courses they had taken throughout the year.

Most popular activities at the Internet Café this year were 'surfing the net', sending emails to family and friends, and practising computer skills.

Support was on hand for anyone who needed it and once again the kitchen was a great place for tea and a chat afterwards.

Drama, Creative Writing, and Arts & Craft courses are also part of the Community Education Programme providing opportunities for exploring creativity together and many groups have put on exhibitions, published books and performed in public.



Internet Café
DLVEC Community Based Education Support Service Centre
61 Mulgrave St, Dun Laoghaire

Adult Guidance Service 61 Mulgrave St, Dun Laoghaire



Learner Computers

What is available?

- Two computers with internet access
- Simple instructions on how to get started on the computer
- Typing practice sheets
- 'First Steps with your Computer' resource books
- Education and related websites
- Access to computer and typing skills software programmes

The resource room with two computers that are available to adults that wish to practice their typing or computer skills

Quotes from learners:

.....It's a comfortable environment.....I never feel under threat there.....
.....I am not afraid to ask a question, there is always someone about

Contact us

Dun Laoghaire VEC
Adult Guidance
Service

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Family Learning Celebration

A family learning event took place in June 09 to celebrate the success of 102 parents and 57 children that participated in a Family Learning Programme held this year.

It was coordinated by Dun Laoghaire VEC in consultation with key partners including the local Home School Community Liaison Cluster, the Dun Laoghaire Rathdown County Council Library Service, and the Dun Laoghaire Play Centre.

Parents' programmes included: Child Development and Play; Personal Development/Positive Parenting; Using the Internet with Children; Speech & Language Development and Health & Fitness.

Parent and Childrens' Programmes had a focus on the power of play, reading for fun, craft, cookery, music and science.

The Celebration was a fun day for all. Carol Hanney, CEO of Dun Laoghaire VEC presented certificates at the celebration.



Adult Education was not for me I thought,
as my early school days were much of a blur.
Couldn't comprehend what was going on.
Try as I did to learn, I was left behind again.

Years have gone by now in the big world,
struggling to survive on what I learnt at school when I was five.
I always got a yearning for something missing you see.
Not quite knowing what it was because it was hidden deep in me.

I took a drive one day and came to this school.
I walked around the grounds to feel the atmosphere.
I felt a kind of presence steering me to the door.
Forgetting all my old fears I head for the office door.
It was open wide.
I was greeted with a smile,
'come in sir' we have been waiting for you a little while.

I'd like to thank all my tutors and teachers alike
for sharing their time wisdom and knowledge
to get me through life

Written by Arthur

LIFE graduation & Gaisce President's Award ceremony at the Pavilion Theatre, Marine Road, Dun Laoghaire October 2009



Left to right: Daniel Wilson Linda Dunphy, John Power, Fiona Bryson, Bronagh Murphy, Frieda Kavanagh, Ray Murphy

Have you been thinking about returning to learning?



Don't let these reasons stop you!

Confidence level

Times are tough

I'm too old

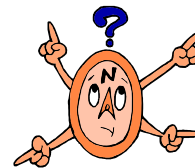
Left school early

The cost

No time

Don't know where to start

Fear of exams.....
Fear of not coping



Personal Challenges

USEFUL CONTACTS

Education

DL VEC Adult Guidance Service	01 2365196
Dun Laoghaire VEC Head Office	01-214-7200
Dun Laoghaire VEC Adult Learning Centre	01-285-5633
Dun Laoghaire College of Further Education	01-280-9676
Sallynoggin College of Further Education	01-285-2997
Senior College Dun Laoghaire	01-280-0385
Institute of Art Design and Technology	01-214-4600

Other services

Southside Local Employment Service	1800-200-501
Dun Laoghaire Citizens Information Centre	01-284-4544
Dun Laoghaire Rathdown County Council	01-205-4700
FAS, Cumberland Street	01-280-8488
MABS (Money Advice and Budgeting Service)	01-230-2002

